

Rescue at Heights for Seafarer



Beschreibung:

The training focusses on practical training elements in combination with the required theoretical knowledge to perform the duties.

1. Risk Assessment and Planning:

- Identifying potential hazards
- Developing a rescue plan
- Understanding legal and regulatory requirements

2. Personal Protective Equipment (PPE):

- Proper use and maintenance of harnesses, helmets, lanyards, etc.
- Inspection and care of equipment

3. Anchorage Systems:

- Identifying suitable anchor points
- Installing and using anchor systems

4. Rope Techniques:

- Knot tying and rope management
- Belaying and rappelling
- Ascending and descending ropes

5. Rescue Systems:

- Setting up and operating pulley systems
- Mechanical advantage systems for raising and lowering victims

6. Self-Rescue Techniques:

- Techniques for rescuers to extricate themselves from danger
- Evacuation methods

7. Victim Rescue Techniques:

- Approaching and securing the victim
- Techniques for different rescue scenarios (e.g., unconscious victim, entangled victim)

8. Communication:

- Effective use of communication devices
- Hand signals and other non-verbal communication methods

9. First Aid and Trauma Care:

- Basic life support
- Handling trauma & injuries specific to falls and high-angle rescues

10. Scenario-Based Training:

- Practical drills simulating real-life rescue scenarios
- Team-based exercises to build coordination and efficiency
- Legal and Documentation Requirements, Understanding relevant laws and regulations
- Proper documentation and reporting of rescue operations

Voraussetzungen: A valid fitness for sea services certificate.

Dauer: 2 Tage // 08:30 Uhr bis 16:30 Uhr

Preis: 550,00 EUR

Termin: 04.09.2025 bis 05.09.2025

Ort: ma-co Hamburg
Köhlbranddeich 30
20457 Hamburg

Anmeldung: Nutzen Sie bitte die direkte Anmeldefunktion auf unserer Website: www.ma-co.de

Gleichstellung

Es ist für ma-co selbstverständlich, dass für alle Aktivitäten und in allen Angeboten alle Geschlechter gleichermaßen angesprochen werden. Dies gilt für den Kreis der Teilnehmer (m/w/d) ebenso wie für die Trainer (m/w/d) und für alle anderen denkbaren Kontakte. Zu Gunsten der besseren Lesbarkeit wird nur der allgemeine maskuline Plural verwendet.